



Gym

- Cardio
- Steam
- Massage
- Weight Training Floor

Services

- Personal Trainer
- Safe & Friendly
- On Panel Doctor
- Dietician
- Sports Physio
- Kids Club
- Group Studio

Experience

The Complete Fitness Solution



Contact Us

MY FITNESS EMPIRE

BIGGEST GYM IN MUMBAI

 **+91 8691914141**

Address:-

**Harsh Residency,
Above Mumbai Menu &
Tea Villa Cafe, Kashimira,
Mira Road East**

**BIGGEST GYM
25,000+Sq.Ft**



Very First Time In Mira Bhayander

Feel The Dj Club & GYM
At The Same Place.

3 Floors
Stand Alone Building

Personal Training Studio
With More Than 5,500 Sqft

Open area cross fit
Of 6,500 Sqft

Personal 2 lifts
for members.





Healthy & Hygienic Infrastructure

MFE Is A Unique Concept Of Fitness Lounge In Mumbai. We Always Strive In Endeavor To Give The Best Health & Fit Life.

Unique Features

- The Gym With 5 Star Amenities
- Experience & Trained Personal Trainers
- Friendly Environment
- Steam
- Spinning Studio
- Fully Equipped With Latest Machines
- Competitions/ Quiz & Fun
- Couch With Cafe / Couch With Wifi/ Tab
- Hygienic Food Court After Gym
- Weekly/ Daily Track Record By Personal Trainer
- Doctor On Panel

Infrastructure

- The 1st Gym In Mira Road- Bhayander Where You Will Get The Complete Era Of Fitness Concept
- 1st Center With All The Health Solutions Under One Roof The First 5 Star Gym
- World Class Equipments
- Highly Professional & Experience Team Of Trainers, Dieticians, Doctors, Personal Trainers
- Our Aim Is To Make People Enjoy Exercising Moments

Our Products

- Platinum
- Gold
- Sliver
- Slimming Porsche Pack
- Family Package
- Introducing Kids Yoga (Professional Yoga Center)
- Week End Packs

Special Features

- Personalized Lockers
- Hygiene Surrounding
- Friendly Atmosphere
- Quize & Show
- No Medicine & Surgery
- Female Trainer



***More Exciting Offers & Products To Be Introduced Soon**



MFE Club

- Functional Training
- Corporate Wellness
- Fitness Tools
- Spinning Studio
- Cycle Studio
- Aerobics
- Zumba
- Martial Art
- Yoga-power Yoga
- Weight Loss Program

